

We're participating in



**National
Inclusion Week**
2021 27 September –
3 October

15 minute zoom activity: Inclusive teams

Part #1

5 minutes 

We're all unique, we have our own history, characteristics, preferences and values. We need to embrace that difference. Often, we can learn the most from people who are least like us.

- Get into groups of 3 in a zoom breakout room, ideally with people you don't know that well
- Spend 5 minutes talking to each other to find 3 things that are different about you all. For example; you might all have different hair colour, different accents or support different football teams. It could be anything!

Part #2

5 minutes 

As well as differences, there'll also be things that are the same.

- Stay in the same group of 3
- Spend 5 minutes talking to each other to find 3 things that you all have in common. For example your height, favourite food, favourite hobby. Again, it could be anything!

Part #3

5 minutes 

- Each group share 1 of your differences and 1 of the things you have in common with the other groups.

To celebrate National Inclusion Week, let's all continue to learn more about each other and be even more inclusive!